To help you become better exposed to health psychology, the research topic is **WORK STRESS AND HEALTH**. You are to complete an annotated bibliography for *each* of *the three peer-reviewed journal articles* given. You should not include any direct quotes in your annotated bibliography. Read and analyze the articles to put information into your own words.

For *each* of the three sources you need to include the APA citation, with a permalink, and three paragraphs.

**Paragraph 1** – Summarize your source. For your summary you should include enough information so that someone who is reading your annotated bibliography knows exactly what the article is about. Be sure to include information on the main arguments, the subjects, the methodology, and the results. Essentially, you are putting the information from the source in your own words.

**Paragraph 2** – Assess your source. Evaluate your source. How useful is it? How does it compare to your other sources? Is the information reliable? Is this source biased or objective? What is the goal of this source?

**Paragraph 3** – Reflect. How does this source support your research? Was this source helpful to you? How does it help shape an argument? How can you use this source in a research project? Has it changed how you would think about a topic? Does it lead you to think differently about a research topic or interest?

\*Check uploaded file for the three peered reviewed articles you will be using.